

Revised May 3rd, 2011

2011 SUMMER SWIMMING MEET SCHEDULE

DATES	HOST CLUB	TEMPLATE
Saturday, July 2 nd	Waeg Waves	A
Sunday, July 3 rd		
Saturday, July 9 th		
Sunday, July 10 th		
Saturday, July 16 th	Digby Dolphins	B
Sunday, July 17 th	Bridgetown Seakings	A
Saturday, July 23 rd	Bedford Beavers	B
Sunday, July 24 th		
Saturday July 30 th	Kentville Marlins	B
Sunday July 31 st	Windsor Bluefins	A
Saturday, August 6 th	Colby Sailfish	B
Sunday, August 7 th	Lunenburg Mariners	A
Saturday, August 13 th	St. Margaret's Bay Breakers	
Sunday, August 14 th		
Friday, August 19 th - Sunday, August 21 st	Bridgewater Barracudas PROVINCIALS	Full Events

Template A	Template B
<p>8 & Under's: 25m Freestyle 25m Backstroke</p> <p>9-10: 25m Freestyle 25m Backstroke 100m I.M.</p> <p>11-12: 50m Freestyle 50m Backstroke 100m I.M.</p> <p>13-14: 100m Freestyle 50m Backstroke 100m I.M.</p> <p>15-18: 100m Freestyle 100m Backstroke 100m I.M.</p> <p>PARA: <i>To include swimmers with a disability in any event offered.</i></p> <p>Freestyle Relays (all 8 & under relays to be held earlier in the day) Mixed Open Relay*</p>	<p>8 & Under's: 25m Butterfly 25m Breaststroke</p> <p>9-10: 25m Butterfly 25m Breaststroke 50m Freestyle</p> <p>11-12: 50m Butterfly 50m Breaststroke 100m Freestyle</p> <p>13-14: 200m Freestyle 50m Breaststroke 50m Butterfly</p> <p>15-18: 100m Breaststroke 50m Butterfly 200m Freestyle</p> <p>PARA: <i>To include swimmers with a disability in any event offered.</i></p> <p>Medley Relays (all 8 & under relays to be held earlier in the day) Mixed Open Relay*</p>
<p>Clubs may add the 100m Freestyle at the end of the day if time/weather permits. This would be discussed with the coaches at the lunch break.</p> <p>A mixed open relay may be held at the end of the day if meet management wishes to do so. Mixed genders and ages, 5 participants (one of each group); 8 & under, & 9-10 would do 25m, 11-12, 13-14, & 15-18 would do 50m.</p> <p>Clubs have the option to run heats for Swimmers With A Disability (PARA) if they wish; or to integrate them with the able boded athletes. Clubs should contact the host club in advance.</p>	

All clubs must use the above templates